

Posit Science Brain Fitness

Description:

The Brain Fitness Program Classic is Posit Science's original program for the auditory system of the brain. Auditory processing is a fundamental root of brain fitness because much of the important information we take in each day—and that we want to respond to, remember, and use later—comes in through speech.

The Brain Fitness Program improves the quality and quantity of the information your brain absorbs from your ears.

The Brain Fitness Program features six computer-based exercises for use on a PC or Mac. These exercises are designed to be very easy to use, even for computer novices. The exercises adapt to individual level, and give constant feedback about progress.

Benefits of Brain Fitness Program Training:

The Brain Fitness Program is designed to speed up auditory processing, improve working memory, and encourage the brain to produce more of the chemicals that help it remember.

Clinically Proven Results:

The Brain Fitness Program has been subjected to several large, rigorous clinical trials that demonstrate it speeds up auditory processing by 131%, improves memory by an average of 10 years, and more.

Visit our website to learn about how Posit Brain Science can benefit your life, and to find out about our Insight and DriveSafely programs.

Country: North America

City:

Website:

http://www.positscience.com/products/brain_fitness_program/